Supplementary Material 2. Articles included in the analysis

A1. Hewison J, Cuckle H, Baillie C, Sehmi I, Lindow S, Jackson F, et al. Use of videotapes for viewing at home to inform choice in Down syndrome screening: a randomised controlled trial. Prenat Diagn 2001;21:146-9.
A2. Björklund U, Marsk A, Levin C, Öhman SG. Audiovisual information affects informed choice and experience of information in antenatal Down syndrome screening--a randomized controlled trial. Patient Educ Couns 2012;86:390-5.
A3. Hughes BL, Gans KM, Raker C, Hipolito ER, Rouse DJ. A brief prenatal intervention of behavioral change to reduce the risk of maternal cytomegalovirus: a randomized controlled trial. Obstet Gynecol 2017;130:726-34.
A4. Kellams AL, Gurka KK, Hornsby PP, Drake E, Conaway MR. A randomized trial of prenatal video education to improve breastfeeding among low-income women. Breastfeed Med 2018;13:666-73.
A5. Tsai YJ, Hsu YY, Hou TW, Chang CH. Effects of a web-based antenatal care system on maternal stress and self-efficacy during pregnancy: a study in Taiwan. J Midwifery Womens Health 2018;63:205-13.
A6. O'Sullivan TA, Cooke J, McCafferty C, Giglia R. Online video instruction on hand expression of colostrum in pregnancy is an effective educational tool. Nutrients 2019;11:883.
A7. Adam M, Johnston J, Job N, Dronavalli M, Le Roux I, Mbewu N, et al. Evaluation of a community-based mobile video breastfeeding intervention in Khayelitsha, South Africa: the Philani MOVIE cluster-randomized controlled trial. PLoS Med 2021;18:e1003744.
A8. Stortz SK, Mulligan S, Snipes M, Hippman C, Shridhar NN, Stoll K, et al. A randomized controlled trial on the effect of standardized video education on prenatal genetic testing choices: uptake of genetic testing. Am J Perinatol 2023;40:267-73.
A9. Parobek CM, Thorsen MM, Has P, Lorenzi P, Clark MA, Russo ML, et al. Video education about genetic privacy and patient perspectives about sharing prenatal genetic data: a randomized trial. Am J Obstet Gynecol 2022;227:87.e1-87.e13.
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A11. Chaudhary K, Nepal J, Shrestha K, Karmacharya M, Khadka D, Shrestha A, et al. Effect of a social media-based health education program on postnatal care (PNC) knowledge among pregnant women using smartphones in Dhulikhel hospital: A randomized controlled trial. PLoS One 2023;18:e0280622.
A12. Metin A, Baltacı N. The effects of video-assisted breastfeeding education given to primiparous pregnant women on breastfeeding self-efficacy: randomized control study. BMC Pregnancy Childbirth 2024;24:142.